

BIOGRAPHIES OF RECOMMENDED INDEPENDENT PERSONS

Arnold Barrow

Arnold has been an Independent Person for the County Council for the last six years. He is also an Independent Person for St Edmundsbury Borough Council and Forest Heath District Council. Previously Arnold served as Chief Probation Officer in Suffolk between 1984 and 2001, as County Manager for Victim Support Suffolk from 2001 to 2004, and as an Independent Member of the Parole Board for England and Wales from 2003 to 2016. Arnold, who lives in Stowmarket, continues to be involved in a range of voluntary organisations.

Louise Cullen

Louise is employed as a Communications and Engagement Manager at the University of Essex. Her role includes working with Government departments, delivering research findings and evidence for various committees. Louise is the Vice Chair of Governors at Holbrook Academy, previously being Chair of Governors at Chelmondiston Primary School. She is a Trustee for Ibstock Enover Environmental Trust, distributing landfill tax credits to areas of deprivation in the West Midlands, Bristol and Kent. Louise lives in Chelmondiston.

Karen Moore

Karen is currently a self-employed management consultant specialising in Human Resources and Governance issues. Her career has largely been within the social housing sector. Karen is a business and personal coach, registered with the International Coaching Federation. Karen has experience of dealing with grievances and disciplinary procedures, and recognises the need for high standards of propriety and probity. Karen lives in Kesgrave.

Stuart Palmer

Stuart recently completed 31 years service with the Metropolitan Police where he attained the rank of Chief Superintendent. During his career, one of his roles included running the complaints and misconduct department for an area of London. Stuart is currently the Proper Officer and Parish Clerk of Shimpling Parish Council. He is also a Non-Executive Director of Brentwood Academies Trust. Stuart lives in Long Melford.